## PATENT APPLICATION

Docket No. <u>021016-1, Serial No. 60/424890</u> Federal Express Tracking Number: 8392 3369 5716

Date of Deposit: November 6, 2003

I hereby certify that this is being deposited with the U.S. Postal Service "Express Mail Post Office to Addressee" service under 37 CFR 1.10 on the date indicated above, addressed to the Asst. Commissioner for Patents, Box Patent Appln., Washington, DC 20231; By:

William R. Dubrul

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Sir:

Transmitted herewith for filing is a patent application under 37 CFR 1.53(b)(2) of:

LAST NAME (CITY/STATE/COUNTRY)	FIRST NAME	MIDDLE INITIAL	RESIDENCE		
#1 Dubrul	William	R.	1105 Maywood Dr., Belmont, California, 94002		
#2 Fulton	Richard	· E.	1556 Wellington Ave., Grand Junction, Colorado. 81501		

Title	e: PUSH UP/P	ULL UP EXERCIS	E APPARATUS AND METHODS FOR USE
	losed are:		
[X]	12	pages fo specificati	on (including description and claims).
[X]	2	sheet(s) of draw	ing(s).
[X]	Abstract		
[X]	Averified staten	nent to establish sma	Il entity status under 37 CFR 1.9 and CFR 1.27
		Postcard Adressed to	Applicant #1
[X]	Check for \$	385	for Small Entity
[X]	Small Entity De	claration(s)	-
2 ex	tra copies of thi	s sheet are enclosed.	

Very Respectively,

Applicant #1 Signature

P.O. Box 246, Redwood City, CA 94064

Address (Send Correspondence Here)

Applicant #2 Signature

1556 Wellington Ave., Grand Junction, CO 81501

Address

PTO/SB/17 (10-03) Approved for use through 07/31/2006. OMB 0651-0032

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## FEE TRANSMITTAL for FY 2004

(\$)

Effective 10/01/2003. Patent fees are subject to annual revision.

Applicant claims small entity status. See 37 CFR 1.27

TOTAL AMOUNT OF PAYMENT

Complete if Known						
Application Number						
Filing Date	NOV. 7, 2003					
First Named Inventor	WILLIAM R. DUBRUL					
Examiner Name						
Art Unit						
Attorney Docket No.	021016-1					

METHOD OF PAYMENT (check all that apply)	FEE CALCULATION (continued)						
Check Credit card Money Other None	3. ADDITIONAL FEES						
Deposit Account:	Large Entity   Small Entity						
Deposit	Fee Fe Code (\$			Fee (\$)	Fee Description	Fee Paid	
Account Number	1051 1	30	2051	65	Surcharge - late filing fee or oath		
Deposit Account	1052	50	2052	25	Surcharge - late provisional filing fee or cover sheet		
Name The Director is authorized to: (check all that apply)	1053 1	30	1053	130	Non-English specification		
Charge fee(s) indicated below Credit any overpayments	1812 2,5	520	1812	2,520	For filing a request for ex parte reexamination		
Charge any additional fee(s) or any underpayment of fee(s)	1804 9	920*	1804	920*	Requesting publication of SIR prior to Examiner action		
Charge fee(s) indicated below, except for the filing fee to the above-identified deposit account.	1805 1,8	840*	1805	1,840*	Requesting publication of SIR after Examiner action		
· · · · · · · · · · · · · · · · · · ·	1251 1	110	2251	55	Extension for reply within first month		
FEE CALCULATION	1252 4	420	2252	210	Extension for reply within second month		
1. BASIC FILING FEE Large Entity Small Entity	1253 9	950	2253	475	Extension for reply within third month		
Fee Fee Fee Fee Description Fee Paid	1254 1,4	480	2254	740	Extension for reply within fourth month		
Code (\$) Code (\$) 1001 770 2001 385 Utility filing fee	1255 2,0	010	2255	1,005	Extension for reply within fifth month		
1002 340 2002 170 Design filing fee	1401 3	330	2401	165	Notice of Appeal		
1003 530 2003 265 Plant filing fee	1402 3	330	2402		Filing a brief in support of an appeal		
1004 770 2004 385 Reissue filing fee	1403 2	290	2403	145	Request for oral hearing		
1005 160 2005 80 Provisional filing fee	1451 1,5	510	1451	1,510	Petition to institute a public use proceeding		
SUBTOTAL (1) (\$) 385	1452 1	110	2452	55	Petition to revive - unavoidable		
2. EXTRA CLAIM FEES FOR UTILITY AND REISSUE	1453 1,3	330	2453	665	Petition to revive - unintentional		
Fee from	1501 1,3	- 1	2501	665	Utility issue fee (or reissue)		
Extra Claims below Fee Paid  Total Claims -20** = X =		480	2502		Design issue fee		
Independent		640	2503		Plant issue fee		
Claims -3" = X - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 - 3 -		130	1460		Petitions to the Commissioner		
Large Entity   Small Entity	1807	50	1807		Processing fee under 37 CFR 1.17(q)		
Fee Fee Fee <u>Fee Description</u>	1806 1	180	1806		Submission of Information Disclosure Stmt		
Code (\$)   Code (\$) 1202 18   2202 9 Claims in excess of 20	8021	40	8021	40	Recording each patent assignment per property (times number of properties)		
1201 86 2201 43 Independent claims in excess of 3	1809 7	770	2809	385	Filing a submission after final rejection (37 CFR 1.129(a))		
1203 290 2203 145 Multiple dependent claim, if not paid	1810 7	770	2810	385	For each additional invention to be		
1204 86 2204 43 ** Reissue independent claims over original patent	1801 7	770	2801	385	examined (37 CFR 1.129(b))  Request for Continued Examination (RCE)		
1205 18 2205 9 ** Reissue claims in excess of 20		900	1802		Request for expedited examination		
and over original patent					of a design application		
SUBTOTAL (2) (\$) O	Other fee	٠.					
**or number previously paid, if greater; For Reissues, see above *Reduced by Basic Filing Fee Paid SUBTOTAL (3) (\$)						0	

SUBMITTED BY	<u> </u>				 (Complete (	if applicable))
Name (Print/Type)	WILLIAM R DUBRUL		Registration No. (Attorney/Agent)	Telephone 650218 6989		
Signature	William	1R 0	m Brul		 Date	NOV. 6,2003

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